

# Bridging Generations Newsletter



Spring 2023 | [www.volunteergrandparents.ca](http://www.volunteergrandparents.ca)

## Program Update

We have now fully opened our Family Match Program and are busy accepting new program volunteers and families. We welcome all of our new members! Additionally, our Letters To Seniors Program remains incredibly busy. We thank all of our volunteers who have made this program such a success.

## An Important Milestone!

2023 marks an important milestone for the Volunteer Grandparents Organization. We have been delivering services to our amazing community for 50 Years!

We invite all of our members and supporters to help us celebrate this milestone by joining us for our upcoming AGM being held on May 25th in Burnaby, BC. More information will be circulated closer to the date.



*Bridging and  
enriching the  
generations since  
1973*

## Researching Intergenerational Connections



Rachelle Patille, M.A. in Gerontology at Simon Fraser University

"I would like to take a moment to sincerely thank all of the volunteer grandparents and youth who took part in my thesis research. I look forward to sharing the results in late-summer! Your experiences and points of view are necessary to create more and improve opportunities like this across our province and country!"



## Participant Spotlight

We take a moment to introduce you to Olivia, one of our lovely Letters to Seniors participants.



*Olivia is a youth participant in our Letters To Seniors Program. She started out by sending letters to seniors in care homes (phase 1) but now has a senior pen pal (phase 2).*

How has this program impacted the way you might perceive and interact with different generations?

*"The biggest change in mindset that participating in Volunteer Grandparents has given me is knowing that no matter how different our generations are, most people, at heart, are the same. We're all just working towards making some contributions to the world, whatever and wherever that may be."*

To read more about Olivia's story please click [here](#).

## Letters to Seniors Submissions



If you are interested in connecting with a pen pal through our Letters To Seniors Program (LTS), please email for more details:

[info@volunteergrandparents.ca](mailto:info@volunteergrandparents.ca)